

The sense of taste involves the reaction of chemicals with nerve cells which send messages to the brain to create the perception of flavor.



PROCESS OF TASTING

Papillae (1-4): Structures that contain taste buds and sensory cells on the tongue

- Fungiform Papillae Mushroom-shaped papillae located at the front of the tongue.
- **2** Foliate Papillae Leaf-shaped papillae located on the side of the tongue.
- **3** Circumvallate Papillae Papillae organized in a chevron at the back of the tongue.
- 4 Filiform Papillae Long, thin, V-shaped papillae located on the surface of the tongue. Filiform papillae do not contain taste buds.
- **5** Gustatory Pore: Small opening on the surface of the tongue through which molecules and ions from food enter to reach the receptor cells inside.
- **6** Facial Nerve: Carries messages from the anterior 2/3 of the tongue.
- **7** Hypoglossal Nerve: Carries messages from the posterior tongue.
- 8) Glossopharyngeal Nerve: Carries messages from the throat and palate.

7 Trigeminal Nerve: Carries messages relating to temperature, touch & pain.
10 Brain: Perceives a particular flavor of sweet, sour, salty, bitter or umami.

SWEET

Role: Detection of carbohydrate sources of calories.

Proteins: TAS1R2/TAS1R3 heterodimer receptor recognizes diverse natural and synthetic sweeteners (1, 2, 5).

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BITTER

Role: Detection of potentially harmful compounds. Proteins: TAS2R1 functions as a bitter taste receptor. PROP controls the detection of the bitter compound 6-n-propyl-2-thiouracil (3, 4).



SOUR

Role: Detection of ripeness of fruit & potentially spoiled food. Proteins: HCN1 and HCN4 are potassium channels that serve as sour taste receptors (5, 6)

UMAMI

Role: Detection of protein content in food.

Proteins: The TAS1R1/TAS1R3 heterodimer receptor recognizes stimuli from umami tastes, such as monosodium glutamate (5, 7).

SALTY Role: Detection of minerals, and is essential for fluid and electrolyte homeostasis.

Proteins: Salty tastes are mediated by taste receptor cells expressing the epithelial sodium channel, ENaC. (5, 8).



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